

May Special Events



Central DeKalb Senior Center
1346 McConnell Drive Decatur, GA 30033



Let's Do Lunch" Every Tuesday and Thursday

11:30 a.m. - 1:00 p.m.

Come join us for a catered lunch every Tuesday and Thursday. Lunch is \$7.00 per person. Please sign up in advance at the front desk, or call 770-492-5461.

Hootenanny and Song Circle

Tuesday May 10th and Tuesday May 24th 12:00 - 1:30 p.m.

Dust off that old guitar! If you know a chord or two, and are interested in learning with your peers, this could be your "jam"! Nothing formal, this is for people who are interested in getting together to play, sing and have a little fun.

May Book Club Meeting

Thursday, May 12th

1:30 - 2:45 p.m.

The May Book Club selection is "*Everything I Never Told You*" by Celeste Ng, will be led by Myguail Chappel, Library Take-Out Services DeKalb County Public Library Administrative Center, a community partner. Book Club will meet in Room 217.

Nutrition Discussion: Food Safety

Tuesday, May 17th

10:00 - 11:00 a.m.

Jessica Hill with the DeKalb County Extension Services will be at the center to lead a discussion on Food Safety tips for Older Adults. Discussion will be held in Room 219.

DeKalb Medical Lunch and Learn

Tuesday, May 17th

12:30 - 1:00 p.m.

A representative from DeKalb Medical will be hosting a Lunch and Learn on Tuesday, May 17th. The topic of the discussion will be announced at a later date.

"80 is the NEW 60: Preemptive Pearls for Savvy Seniors" Thursday, May 19th 12:30 p.m.

Life is lived to its fullest when the pieces of the wellness puzzle come together. Join us for this fun and unique panel discussion on strategies to make the most of these years. Three leaders in Senior health and wellness will be on the panel, Jeanie Christian, Michelle Allen, and Dr. Melissa Black.

Special Presentation: "American Heroes"

Thursday, May 26th

12:00 p.m.

Join us in honoring our fallen heroes as *Sid Stein* along with veterans from WWII and the Korean War share amazing stories, share artifacts, postcards and memorabilia from the war eras.

Memorial Day Cook Out and Potluck

Friday, May 27th

11:00 a.m.

Mason Mill Park Large Pavilion

Please join CDSC and NORC, our good neighbor for a Picnic, Potluck, and Cookout to celebrate Memorial Day! CDSC will furnish the napkins, plates, and cups, NORC will furnish Kosher Hot Dogs! You are invited to bring your favorite dish. Please RSVP to Victoria by May 20th.

*****The Center will be closed on Monday, May 30th
in Observance of Memorial Day*****